

Hello fellow Cavers. We are now in the final athletic season of this school year, 2025-2026. Winter sports are completed and have had some successes and some disappointments. Girls Basketball and Boys Wrestling won league but lost in the SDCIF Playoffs. Spring sports have started and I am very optimistic about success for all our teams. Below are the results for Winter Sports:

WINTER SPORTS FINAL RESULTS

BOYS BASKETBALL

Won-10 Lost-18 Overall

Won-0 Lost-8 League

GIRLS BASKETBALL

Won-20 Lost-8 Overall

Won-9 Lost-1 *EASTERN LEAGUE CHAMPIONS

BOYS SOCCER

Won-2 Lost-9 Tied-7 Overall

Won-1 Lost-4 Tied-5 League

BOYS WRESTLING

Won-4 Lost-0 Overall

Won-4 Lost-0 *EASTERNLEAGUE CHAMPIONS

GIRLS WRESTLING

Won-2 Lost-2 Overall

Won-2 Lost-2 League

GIRLS SOCCER

Won-5 Lost-12 Tied-0 Overall

Won-2 Lost-6 Tied-0 League

Currently we are in the beginning of **SPRING** sports season. You can find more information and follow our sports teams, by going on San Diego High School's athletic website: sdcavers.com, then click on **TEAMS**, then click on **sport of choice**, then click on **schedule**. You can navigate the athletic season, at your choosing. We have great kids, and they will be happy with your physical presents. **Please come on out and support our teams in person.**

***SPRING SPORTS TEAMS**

***BADMINTON:** Coach Furr

***BASEBALL:** Coach Francisco Garcia (new)

***GIRLS BEACH VOLLEYBALL:** Co-Head Coach Michael Greiner

Co-Head Coach Christian Kugener

Assistant Coach Vincent Kugener

***BOYS GOLF:** Coach Brooke Benedetto

***BOYS LACROSSE:** Coach Jody Herman

***GIRLS LACROSSE:** Coach Sophia Cardone Assistant Coach William DeCino

***SOFTBALL:** Coach Enrique Rocha

***BOYS SWIMMING AND DIVING:** Coach Daniel Grimes

***GIRLS SWIMMING AND DIVING:** Coach Daniel Grimes ***BOYS TENNIS:** Coach Sean Sand

***BOYS TRACK AND FIELD:** Coach Alex Johnson (new)

***GIRLS TRACK AND FIELD:** Coach Alex Johnson (new)

***BOYS VOLLEYBALL:** Coach Michael Greinner

***GYMNASTICS:** Coach Paul Coover

Go Cavers!

Charles Brown

Class of 1964

San Diego Alumni Association

Executive Board Athletic Liaison