



# SDHS Alumni Association

Spring 2019 Newsletter



## President's Report Eddie Head '73

Well your SDHS Cavers are doing very well.

### Cavers Football

If you have not heard, your Cavers varsity football team not only won the City

League Championship, the SD CIF Div 4 Championship, Southern Calif. CIF Regional Championship but won the CIF Div. 5 State Championship.

To win that championship your Cavers had to travel to Colfax, Calif which is approximately 1 hour north of Sacramento. Facing 44-degree weather and being the only high school team to play at a non-neutral site, your Cavers overcame a 21 point deficit at halftime to win 42-31.

The first CIF Championship since 1969. The SDHS students, staff, school administration, and fans helped raise \$22K in one week to help pay for the trip to Colfax.

### Cavers Basketball

During the playoffs, your Cavers defeated Sweetwater HS by one point to advance to the SD CIF Div. 3 Championship vs. Valhalla HS. That game was played on Feb 21st, and your Cavers were victorious with a 75 to 56 win taking the Div. 3 Championship.

In the first round of the playoffs, your Cavers had a home game against San Luis Obispo HS. They won that game 53-34 and would then head to Victorville to take on Silverado HS for a CIF Regional Game.

The Cavers took the game into overtime, but a loss to Silverado HS 72-67 ended their season. Congratulations to the Cavers Basketball team for winning another league championship.

### Cavers Girls Soccer

I'm not done, your SDHS Cavers Girls Soccer team played Serra HS and won 1-0 to take the CIF Div 3 League Championship.

They would have to travel and take on Oak Hills HS in a CIF Regional Game. Your lady Cavers took the game into overtime but loss 2-1 that ended their season.

## Francisca Del Carmen- Aguilar

San Diego High School has appointed a new principal.

Her name is Francisca Del Carmen- Aguilar, she is an alumnus of SDHS, class of 2000.

We look forward to building a strong and productive relationship with our new SDHS leader.

## Meb Keflezighi Track Meet

The 4th Annual Meb Keflezighi Invitational Track Meet was held at Balboa Stadium on March 9th. Please visit our website for more details and pictures.

Read the article from KUSI on Pg 3  
"Track and Field: Meb Invitational"

Eddie Head, '73  
SDHS Alumni Association President



## Membership Committee

**Gaspar Luna Oliveira '68**

Hi Cavers! What a year 2018 turned out to be for the San Diego High School Cavers family. Wow!

During the Labor Day Weekend in September 2018, your Alumni Association attended the annual "Cavers at the Padres Game" at beautiful Petco Park.

We "sold out" our tickets and the Cavers had a great time cheering the hometown team...our San Diego Padres!

If you would like to attend the annual Padres game this summer 2019, please call me, (619) 548-4793, or contact the San Diego High School Alumni Association Office, (619) 231-8982, for more information.

At the October 2018 Homecoming game, the Cavers soundly defeated the Kearny High School Komets.

The next day, your Alumni Association held its annual All Class Homecoming Breakfast and unveiled the Wall of Honor Honorees.

A great celebration! And in December, the Football Cavers Team won decisively the State Football Championship against Colfax High School.

The "Glory Days of the Cavers Championship Football Teams" are back!! What a year, Cavers!

By the way, Alumni Association Members attend all Cavers Home Games at no charge, and we have an "Alumni Seating Section" if you would like to join us. Be there...go Cavers!

Friends, this year we need you to support the Alumni Association so that we can continue to support the Cavers Athletic Program. If you haven't renewed

your membership or have not joined yet, you can do this: online; contact the Alumni Association Office; or you can contact me to "sign-you-up!" Easy Peasy!

Also, if you wish to make a donation to support our Newsletter, look for the NOTICE in the Newsletter on how to make your donation.

We need your support to help publish this much needed communications vehicle.

Cavers, we have over 2,100 members today. That is good news! Thank you for your membership and your on-going contributions to help us succeed. Go Cavers!!!

Gaspar Luna Oliveira  
Chair, Membership Committee



## CAMPUS ACTION PARTNERS

**Marci Paraiso Heider, '62**

Campus Action Partners (CAP), is a collaboration between the SDHS Alumni Association, the SDHS Foundation and the Parent Teacher Student Association (PTSA) Here's what CAP has been up to lately.

**ASB All Campus Beautification Day  
Saturday April 6, 2019.**



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As of this writing, over 150 students, staff, parents and CAP Committee volunteers will be sweeping trash, raking leaves, pulling weeds, digging up dead plants and planting new ones.

The CAP Committee has been working closely with ASB's Community Service students to coordinate this event. Student volunteers, with adult supervision, will focus on key areas of neglect around campus.

Special thanks to Rae Riner (Foundation President), Fong Krause and Anyah Stempien-Smith (PTSA), Zoe Burkart, Katherine Silva and Tania Ramirez (ASB).

As in previous years, the Alumni Association, Foundation and PTSA will provide morning treats, water and a pizza lunch with cookies for all volunteers. We are looking forward to another successful event.

### "Walk-Talk-Trash Monthly Clean-Up"

CAP, in its continuing effort to keep the front of the school clean along Park and Russ Boulevards, meets once a month to walk, talk and pick-up trash for one hour.

Afterwards, volunteers meet in the Library to continue their talk and enjoy coffee and treats provided by the Caver Coffee Crew Club, students from the Transitions Skills Class and their advisors Marisol Duenas and Vanessa Montgomery.

We are always looking for more alumni to participate.

If you can spare 1 hour a month to pick up trash, please contact Marci Heider at [marciheider45@gmail.com](mailto:marciheider45@gmail.com).

Marci Paraiso Heider

## Track and Field: Meb Invitational



Article taken from March 10, 2019 KUSI Sports  
[www.kusi.com/3-9-19-track-and-field-meb-invitational/](http://www.kusi.com/3-9-19-track-and-field-meb-invitational/).

The 4th annual Meb Keflezighi Invitational track meet was held at Balboa Stadium on March 9th.

Among the people honored was Meb's high school coach, Ed Ramos, who also coached Olympian Marc Davis.

Also honored is the Mickey's Missiles Track Club founded in 1965 by Audrey "Mickey" Patterson who was the first African-American Olympic medalist, the club features Olympian Jackie Thompson in the white.

Caver's Raiden Hunter is Audrey Patterson's grandson and he competed in multiple events including the 100-meter dash which was won by Orange Glen's Moray Steward.

The girls long jump winner was San Diego High freshman Charlize James with a jump of sixteen feet and three inches.

Caver's Sonia Redon won the 100-meter hurdle with a meet record time of 15:02 seconds.

To view a video of the meet on KUSI.. Go to <https://sandiegohighschoolalumni.org> and use the "Meb Invitational" link on the left side of the home page.



## Historian's Report

**Yvette Porter '86**

**Did you know?**

1919 was a year of many challenges and changes throughout the U.S., which impacted San Diego and San Diego High School students and families.

World War I ended on June 28 when the Treaty of Versailles was signed. On June 4,

The United States Congress approved the 19th Amendment of the U.S. Constitution, which guaranteed woman rights and suffrage.

Various Race Riots happened throughout the South as Blacks were in the pursuit of Freedom, equity, and equality during the time of Jim Crow. San Diego was not free from discriminatory practices, however, People of African descent and of other racial groups attended San Diego High School as this was the main and only public H.S. in San Diego.

Prior to 1919, there were talks of forming an R.O.T.C.- Reserve Officers' Training Corps. On or about February 1, 1919, the S.D.H.S. unit was formed officially.

During the second semester of the program, there was an increase of one hundred men within the first week.

The captain of the Corp. was Walter Frantz, who trained and led these students to become trained soldiers.



Capt. Walter Frantz

San Diego High School will be celebrating their 100th year in June of 2019

All Alumni,  
if you have any historical information, photos, stories, etc. about people that attended S.D.H.S., Please contact Yvette Porter-Moore at yporter Moore@gmail.com or 619-768-3094.

Yes, we have a great archive, however, personal stories, memorabilia, photos, would really enhance what we already have.

Yvette Porter  
Historian



### Help Fund the Newsletter

Would you consider a small donation to help defray the rising costs of preparing and distributing hard copies of our newsletter to our senior citizens that don't use the internet?

Go to <https://sandiegohighschoolalumni.org> and use the "Fund the Newsletter" link on the left side of the home page.



## Gone But Not Forgotten

Name	Deceased	Year
Dean Davis	10/11/2018	1950
Don Carpenter	9/26/2018	1942
Mary Lou Jones		1944
Ron Jones		1944
Dora Dee Davis Ingram	7/9/2018	1946
Richard W. Berton	6/1/2017	1949
Dean Davis	10/11/2018	1950
Kathy Curran Hubbard	11/19/2018	1950
Victoria Simpson-Light		
Mendoza	8/25/2018	1950
L. Bobbie Mercer		
Pendleton	11/24/2018	1951
Dolores Staple Heien	1/10/2019	1951
Richard W Burton	6/1/2017	1951
Bob Oliver	9/22/2018	1958
Bob Oliver	9/22/2018	1958
Verna Major Rainey		1963
Rewanda "Cookie"		
Pleasant		1970
Ada Shuhmacher		1940 *

\* Not sure of year

## Wall of Honor

### Deborah Nix Malbrough '73

All applications for the Wall of Honor celebration held in October must be submitted no later than June 1, 2019.

You can download an Adobe Acrobat nomination form, or use our convenient online registration form,

Go to <https://sandiegohighschoolalumni.org> and use the "Wall of Honor" link on the left side of the home page.

If there are any questions, I can be contacted at 619 264 6033 or 619 917 5381



## SDHS Foundation

### E. Rae Riner, '62

Remember your favorite Club or Organization you participated in when you were at SDHS? Football, baseball, basketball, swim, track or field activities?

Drama or choir/chorus?

All of those clubs and Organizations and sports are alive and well at SDHS!

Currently, students also have access to college field trips, Robotics, Culinary classes, and boys and girls Lacrosse sports teams.

Since its creation as a nonprofit organization in 1992, The SDHS Foundation is proud to have contributed close to 3 1/2 Million dollars to support these activities for students through tax deductible non profit funding support!

Last year we offered approximately 57 college scholarships in the amount of \$127,000 and supported the above-mentioned groups/activities with approximately \$42,000!

We are able to assist students and teachers at San Diego High due to the generous support and donations we receive from Alumni and Friends of SDHS. Please consider making a tax deductible donation to the SDHS Foundation to ensure our students may continue to participate in the above mentioned activities.

Donations may be earmarked for a particular club, organization or sport or donations may be offered to our general fund and disbursed after careful consideration by our Board of Trustees.

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Another form of contribution you may want to consider is through a gift in your estate or trust planning. If you choose this option, we are available to assist you with this.

On behalf of the Foundation and our students and staff, I Thank you for your continuing support to San Diego High! Go Cavers!

E. Rae Riner - San Diego High School Foundation



### Alumni Tech

I am, to use a very old term, "a jack of all trades and master of none".

I work on a variety of things.

Mostly technical things like building and maintaining the website, publication work, a database to help keep member information organized and up to date.

I am also working with a team of individuals to build a shopping cart that will give SDHS graduates a place to purchase clothing, hats, memorabilia, yearbooks and other items online.

Almost every day I get questions like "How do I change this in Microsoft Word" or "How do I get this done in a Microsoft Excel" spreadsheet. Some requests are in the realm of "Why is my E-mail getting spammed?"

In the next few months I am going to be setting up a help line that will allow Alumni members to ask questions as well as a searchable Frequently Asked Questions (FAQ's) section.

Keep an eye out for a link to this coming soon.

Ron Scott '63 - Alumni Tech

## Class Reunions

### Class of 1969

Come help us celebrate the class of 69's 50th reunion. June 15, 2019

We're having a mixer at Tio Leo's Mexican Restaurant.

5302 Napa St., San Diego, CA 92110



The details and RSVP information are in our flyer.

Hope to see you there.

For reunion flyer, go to <https://sandiegohighschoolalumni.org> and use the "Reunion Class of 69" link on the left side of the home page.

Is your class organizing a reunion for 2019?

Go to <https://sandiegohighschoolalumni.org> and use the "Class Reunions" link on the left side of the home page.

*San Diego High School Alumni Association*  
*Founded 1975*  
*1405 Park Blvd*  
*San Diego, Calif. 92101-4722*  
*Office: (619) 231-8982*  
*Website: <https://sandiegohighschoolalumni.org/>*



Dear Alumni Association Members and Friends:

On behalf of your Alumni Association, we thank you for your past generous support of your San Diego High School Alumni Association. Your membership and donations have maintained our ongoing efforts and activities. Without your contributions, we would not have succeeded.

Last year, 2018, was a great year for the San Diego High School Cavers and your Alumni Association. Some examples: We “sold out” our tickets to the “Cavers at the Padres Game” held on Labor Day weekend in beautiful Petco Park. In October, the Cavers defeated the rival Kearny High School Komets at our Homecoming Game, and your Alumni association held its annual All Class Homecoming Breakfast and announced the members of the Cavers families that received the distinguished “Wall of Honor” recognition. And, in December, our Cavers won the California State Football Championship against Colfax High School. The Cavers are back – WOW!

In 2019, your Alumni Association continues to support and provide funds for Cavers student activities (e.g., visits to colleges and universities; student leadership organizations such as the Associated Student Body Council; buy athletic uniforms and equipment for Cavers Sports teams (e.g. Football, Softball); Cheerleading Squad competition; and Academic Programs.

We are very proud of our Cavers History Center that represents the 120-year history of our Alma Mater. Please visit he Center...you would feel very proud! Also, the Alumni Association Newsletter continues to keep Cavers informed of newsworthy activities and events such as Class Reunions and a list of “Gone but not forgotten Cavers” that are no longer with us.

Cavers and Friends, your annual gift of \$25, \$50, \$100, \$150 or more will help us continue to serve you and our Student Cavers. With your support, you have our commitment that we will do our best to help San Diego High School continue to succeed. Again, thank you so much for your generosity. We appreciate your support. Go Cavers!!!

Sincerely,  
 Eddie L. Head II  
 President, Alumni Association

Gaspar Luna Oliveira  
 Chair, Membership Committee

**Go to the last page of this newsletter to use a convenient “clip out” donation form**

**San Diego High School**  
**Alumni Association**  
1405 Park Boulevard  
San Diego, CA 92101-4722

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**San Diego High School Alumni Association**  
**1405 Park Blvd., San Diego, CA 92101**

YES, I would like to support the San Diego High School Alumni Association with my donation:

\$25     \$50     \$100     \$150     Other \$ \_\_\_\_\_

Name \_\_\_\_\_ Class Year \_\_\_\_\_

Mailing Address \_\_\_\_\_

Use my donation to support any program     Use me donation to support \_\_\_\_\_